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Leading Lifestyle Website ARoleModel.com To Release “The Body Language Guide Book”—The Definitive Guide To Nonverbal Communication.

TORONTO - Wednesday, October 14, 2015 – Leading lifestyle website ARoleModel.com, in conjunction with P.M. Publishing, announced today the release of a new lifestyle non-fiction title, *The Body Language Guide Book*. Penned by the world renowned writing staff at ARoleModel.com, and produced and promoted by new publishing start-up P.M Publishing, *The Body Language Guide Book* is slated for simultaneous English-language publication in the winter of 2015.

“A new lifestyle title from the team at ARoleModel.com is always an exciting publishing event. In *The Body Language Guide Book*, ARoleModel.com has produced the definitive book on the important subject of nonverbal communication,” said Todd Hamilton. “The expertise of the ARoleModel.com staff, together with the creative talent at P.M Publishing, have created a must-read book that will provide powerful insight into the fascinating study of body language.”

The Body Language Guide Book offers a comprehensive guide to reading and using body language in all aspects of life, from business to dating. Backed by entertaining, humorous, and insightful stories, *The Body Language Guide Book* is an essential read for anyone looking to improve their communication skills.

About ARoleModel.com

ARoleModel.com is a leading lifestyle blog for generation Y readers. The creative talent at ARoleModel.com is renowned for its combination of humour and intelligence, creating must-read guides to the generation Y lifestyle.

About P.M Publishing

P.M Publishing is an exciting new start-up in the publishing industry and has already garnered a reputation for quality through its titles, which include the five star reads *Welcome To Silence* and *Zen And Now*. Combining passion with creative flair, P.M Publishing is en route to becoming a leading publisher in the online world.

For further information contact Luke Bryant, Senior Director of Publicity, Communications and Speakers' Bureau at P.M Publishing.com. Phone 613-555-0128x 2357. Email l-bryant@pmpublishing.org.